



1 Sound Sleep

Sitting in a hot tub raises the body temperature and enhances your ability to fall asleep. Evening soaks promote restful, uninterrupted slumber.

2 Overall Pleasure

Hot tubs offer an array of benefits: improved health, ample social opportunities and the chance for relationship-building.

3 Relieve Arthritis Aches

Warm, pulsating water increases blood supply to aching joints, which helps to remove inflammatory particles from the area and relieves pain.

4 Resounding Relaxation

A hot tub's soothing waters decrease stress and help you unwind. Relaxation is at the top of the priority list for buyers who purchase a hot tub.

5 Magical Massages

Better than a masseuse, jets give the ultimate rubdown, whether you are in the mood for a gentle touch or a more forceful massage.

6 Literary Launches

Writers will find that promising prose or poetry just pops into the mind. Leaning back in the hot tub seems to bring thoughts to the surface. No more writer's block.

7 Review the Day

In this hubbub world, it often becomes hard to find time to share highlights of the day with your partner. A hot tub creates the perfect opportunity to talk.

8 Make Commuting Tolerable

While traffic hassles can rattle the calmest drivers, just knowing that a hot tub soak awaits you is sure to settle your nerves.

9 Beat the Wintertime Blues

There is no need to stay inside waiting for the cold weather to pass when the hot tub's warm water and escaping warm air can keep you from becoming chilled.

10 Create a Serene Garden

Placing a hot tub in a quiet, peaceful garden produces synergistic benefits. Lush, attractive plants create a Garden of Eden effect.

11 Mental Meltdown

The swirling warm water helps to wash away your troubles, grudges and irritability. Use the hot tub as a form of emotional cleansing or to renew your spirit.

12 Develop a Bonding Routine

Schedule a family soak. Everyone gathers in the hot tub and gets to talk about their day, world events or anything else that may crop up.

13 Power Plan

Better insulation and state-of-the-art heating systems help to keep operating costs to a minimum. It is a runaway winner in any dollars-per-minute-of-joy contest.

14 Dramatic Designs

A variety of hot tub colors and styles, like onyx shells and cedar-style cabinetry, harmonize with a home's architectural features.

15 Acquaint Kids with the Water

Many hot tub owners find it an ideal place to let kids become accustomed to the water and to gain an appreciation and respect for it, as long as an adult remains within an arm's reach.

16 Galaxy Gazing

Watch the sky twinkle on a starry night. Pick out the Big Dipper, Orion and other constellations

17 Create Your Own Resort

You don't have to travel to a posh resort when you can create the ambiance of a vacation—right in your own backyard.

18 A Gift to Treasure

Surprise your spouse with a hot tub decked out with all the amenities that will provide years of enjoyment. It makes a great anniversary gift to each other.

19 Float Away the Day

Some hot tub owners keep the water at a lower temperature in the summer so they can place a raft in the hot tub and float around while cooling off.

20 Grandchildren's Day

Invite the mix of grandkids for a sing-along and rub-a-dub-dub in the tub.

21 Post-Workout Relief

Slide into the warm, soothing waters after working out at the gym or participating in an impromptu driveway basketball game.

22 Reward System

Treat yourself to a soak after a hard day at the office, completing a difficult class assignment or finishing the housework. Just knowing the hot tub is waiting will make the chore fly by.

23 Easy Maintenance

Current hot tub models require very little maintenance. Textured shells and synthetic exterior cabinetry are designed to need little more than hosing off.

24 At Your Service

Today's self-contained hot tubs maintain steady heat, always ready for you to step in and enjoy yourself. There is no more turning on the heater and waiting for warm water.

25 Rx for Youth

Soaking in a hot tub makes you feel younger and totally alive, and you don't even need a doctor's prescription.

26 Family Gathering Place

Flip open the hot tub cover, start the jets and watch how everyone in the family tends to leave the TV room or computer station and head out for a soak. You don't have to say anything; if you lead them they will come!

27 Morning Refresher

Start the day with a refreshing soak while listening to the birds chirp and watching the sunrise. With a cup of coffee in hand and swirling water to jet start your day, you'll feel like the luckiest person on the alive.

28 Avoid Health Club Hassles

No need to drive to a health club for a soothing soak when you have a safe, clean hot tub in the backyard. Leave that tired gym bag in the closet and head out to the crystal clean waters, chlorine free waters of your own hot tub.

28 The Neighborhood Gang

Get to know your children's friends by rolling out the hot tub welcome mat. You'll have great peace of mind knowing that you know where your children are and who their friends are.

30 Limber Up

Prepare for a tennis or golf game by warming up in the hot tub. Move your joints through their full range of motion and condition your muscles. Guaranteed to improve your match or beat your handicap!